



Here to Help: An Interview with Roland W. Gray, M.D. Physicians Health Program, Medical Director

Roland W. Gray, M.D. has served as Medical Director of the Tennessee Medical Foundation's Physicians Health Program since January 2002. Prior to this service, Dr. Gray served as a TMF Board member and long-time volunteer for the Physicians Health Program.

Certified in Addiction Medicine in 1987, Dr. Gray has treated more than 10,000 patients for addiction diseases, and serves as a Special Government Employee and consultant to the FDA Drug Abuse Subcommittee.

A practicing pediatrician from 1976 through 2001, Dr. Gray is a Fellow of the American Academy of Pediatrics as well as a Fellow of the American Society of Addiction Medicine. Dr. Gray is also a member of the clinical faculty at Vanderbilt University.

As volunteer Medical Director since 1997, Dr. Gray has worked with the Davidson County Drug Court, helping first-time convicted drug offenders to reclaim their lives. He performs the same service with addicted mothers and their children as volunteer Medical Director of Renewal House, a halfway house for women and children since 1996. In 2004, the Davidson County Drug Court honored Dr. Gray by naming their vocational rehabilitation building the "Dr. Roland W. Gray Building."

A Nashville native, Dr. Gray has been married for more than 30 years to his wife Diane. The couple have three children, Will, an anesthesia resident at Montefiore-Einstein Hospital in New York, Camilla, a homemaker and mother of their grandson, Jackson, and Andrew, an Echols scholar at the University of Virginia. In his spare time, Dr. Gray enjoys running and ballroom dancing.

Physicians can easily access the TMF Physicians Health Program by calling (615) 467-6411 or writing the TMF, 216 Centerview Drive, Suite 304, Nashville, TN, 37027. All communications to the program are strictly confidential.