



**“AT THE HEIGHT OF MY ADDICTION, I WAS A DOCTOR  
WITH A PERFECT LIFE, AND I WANTED TO DIE.**

In January 2015, I was drowning, helpless and alone, with seemingly death as my only way out. The TMF saved my life. The angels who work there plucked me out of that dark, lonely, scary place called active addiction and got me into treatment the very next day. They loved me when I was at my most unlovable and when I had given up on any chance of life. They gave selflessly and showed me a way to get a life that is even better than I could have ever imagined. ‘Thank you’ is simply not enough.”

**— Internal Medicine Physician**



**TMF**  
TENNESSEE MEDICAL  
FOUNDATION

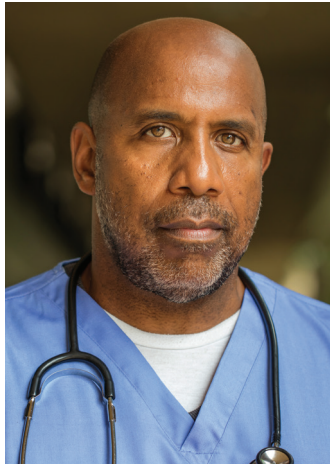
**SAVING LIVES. SAVING CAREERS.**

[e-tmf.org](http://e-tmf.org)

# TMF PHYSICIAN'S HEALTH PROGRAM: SAVING LIVES. SAVING CAREERS.

**WAITING TO DIE** "In 1992 I was just waiting to die from my addiction to hydrocodone. Every day was spent in search of the drug and ways to hide it. It consumed me as surely as cancer. When finally confronted by my wife, I vaguely remembered hearing about the TMF at a conference and called them. I felt immediate relief from speaking with someone who understood and lovingly offered a solution. I thank God they still offer the same today and are available just for the asking."

— **OB/GYN Physician**



## **ETERNALLY GRATEFUL**

"I was about to lose my license and be put on the permanent scrap-pile of unemployable impaired physicians for my erratic behavior during a manic episode. But TMF swept in and sent me to treatment and then energetically advocated for me before the Board and preserved my license and medical career."

— **Family Medicine Physician**



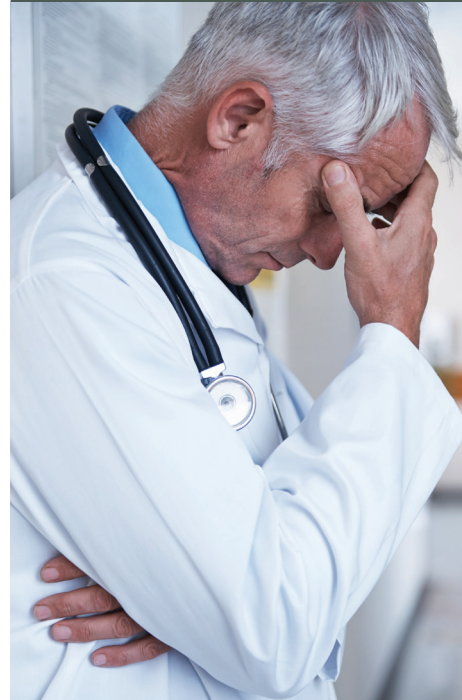
**THE PROGRAM WORKS** "Many years ago a partner in my medical group became addicted to narcotics. One night he mistakenly injected an artery and almost lost an arm. I admitted him to our hospital in order to save the arm. TMF came and counseled with him and he recovered both physically and mentally and continued to be an outstanding physician, and is still practicing medicine today. I have seen firsthand the miracle that the TMF and its physicians and employees perform on a daily basis. The program works."

— **TMF Supporter/Volunteer**



## LEARN MORE: E-TMF.ORG

## CAN A DONATION TO THE TMF PHYSICIAN'S HEALTH PROGRAM CHANGE A LIFE?



## THE ANSWER IS YES.

If you could hear all the stories we've heard about physicians who have been restored to health, their families and their practices through the TMF, you would know the importance of supporting this critical mission in Tennessee. We've collected a few of them for you here. Your gifts are key to maintaining this comprehensive, rehabilitation-focused program for doctors and other health professionals who succumb to addiction or have emotional or mental health issues. Please help us give them a second chance.

You can become a TMF supporter by giving monthly, quarterly or annually; we also appreciate and need your one-time gifts. A reply envelope is attached for your convenience. All donations are tax-deductible and you can be sure that your dollar is supporting our work to restore doctors and other health professionals to their lives, their families, and their patients.

**If you're already giving, thank you!**

**THE GIFT OF HEALING** "I have seen the effects of my addiction not only in myself but also in other members of my family. I have also seen the sobriety and healing that have come during my recovery in myself and my family members. I want these gifts for other addicts and their families."

— **Allergy/Immunology Physician**

**SAVE & RESTORE** "We are fortunate to have such a committed group of folks dedicated to helping save and restore health professionals to a full and active life."

— **Internal Medicine Physician**





## HELP US SAVE LIVES AND CAREERS WITH COMMITTED, REGULAR GIVING

Regular giving is the best way to make an ongoing commitment to support the critical work of the TMF Physician's Health Program. **Please make checks payable to the Tennessee Medical Foundation.** You can schedule regular giving with your credit card, or make donations online at **[e-tmf.org/support](https://e-tmf.org/support)**. We also appreciate and need your one-time gifts.

All gifts are tax-deductible; the TMF is a 501(c)3 tax-exempt organization. For more information contact the TMF at 615-467-6411 or visit [e-tmf.org](https://e-tmf.org).



**I SEE MIRACLES HAPPEN** “The TMF treated me like I was sick, not bad, and they continue to treat addicted physicians in the state of Tennessee that way today. By staying involved with the TMF I get to see miracles happen and that means the world to me.”

— **Pharmacist**

Physicians are people, too. They struggle with addiction, emotional and mental health issues, and more. The stories we share here represent just a fraction of the lives impacted by the PHP. **PLEASE HELP US SAVE LIVES AND SAVE CAREERS.**

## YES, I WANT TO HELP PROVIDE SUPPORT AND ADVOCACY FOR PHYSICIANS IN NEED:

☐ Monthly    ☐ Quarterly    ☐ Annually    ☐ One-Time

Amount: ☐ \$2,000    ☐ \$1,500    ☐ \$1,000    ☐ \$500    ☐ \$250    ☐ \$100    ☐ Other \$ \_\_\_\_\_

☐ Check enclosed    ☐ Please charge my credit card: ☐ Visa    ☐ MasterCard

Name as it appears on card: \_\_\_\_\_

Card billing address: \_\_\_\_\_

Card number: \_\_\_\_\_ Exp. Date: \_\_\_\_\_ Security Code: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

This gift is made ☐ in memory of    ☐ in honor of: \_\_\_\_\_

☐ I would like my gift to remain anonymous

Signature: \_\_\_\_\_





**THANK YOU**  
**FOR HELPING THE PHYSICIAN'S**  
**HEALTH PROGRAM SAVE LIVES**  
**AND CAREERS!**

[e-tmf.org](http://e-tmf.org)