

Struggling?



**IF YOU OR SOMEONE
YOU KNOW IS
DEALING WITH...**

- Stress/Burnout
- Depression
- Anxiety
- Substance Use
- Anger
- Impulsive Behavior
- Relationship Issues
- Conflicts at Work

We are here to help.

Don't wait until an issue is career or life threatening.

Call the TMF Physician's Health Program. We are your confidential resource for help, hope, and healing.

615-467-6411



TMF
TENNESSEE MEDICAL
FOUNDATION

Saving Lives. Saving Careers.

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Suggestion: Hang this in your doctor's lounge or medical staff break room.