Struggling?

IF YOU OR SOMEONE YOU KNOW IS DEALING WITH...

- Stress/Burnout
- Depression
- Anxiety
- Substance Use
- Anger
- Impulsive Behavior
- Relationship Issues
- Conflicts at Work

We are here to help.

Don’t wait until an issue is career or life threatening. Call the TMF Physician’s Health Program. We are your confidential resource for help, hope, and healing.

615-467-6411

TMF
TENNESSEE MEDICAL FOUNDATION
Saving Lives. Saving Careers.

5141 Virginia Way, Ste. 110
Brentwood, TN 37027

e-tmf.org

Poster funding provided by KAMA

Suggestion: Hang this in your doctor’s lounge or medical staff break room.