

LIFE CAN BE STRESSFUL AT TIMES.

Whatever you're struggling with—family pressures, work, relationship issues, grief, stress or financial concerns—it is easy to get overwhelmed without an idea of where to turn for support.



The TN PSQ is a **SAFE AND SECURE ONLINE TOOL** now available to health professionals in Tennessee, both licensed and in training: physicians, PAs, chiropractors, veterinarians, podiatrists, optometrists, x-ray technologists, clinical perfusionists. **It's as simple as:**



CLICK • CONNECT • CHAT

Visit the link below to take an anonymous mental health screening and find resources nearby.

Postcard funding
provided by:



TN.PROVIDERWELLNESS.ORG



The Tennessee Professional Screening Questionnaire (TN PSQ) is a free, voluntary, confidential, anonymous mental health screening tool for health professionals served by the TMF.

This is a NON-crisis service that will result in referrals to appropriate mental health resources and optional interaction with a mental health professional. **If you are currently in crisis, please call the National Suicide Prevention Hotline at 800-273-8255 or the Tennessee Statewide Crisis Line at 855-274-7471.**

TN.PROVIDERWELLNESS.ORG

Tennessee Medical Foundation
5141 Virginia Way
Suite 110
Brentwood, TN 37027
e-tmf.org