

# Tennessee Professional Screening Questionnaire tn.providerwellness.org

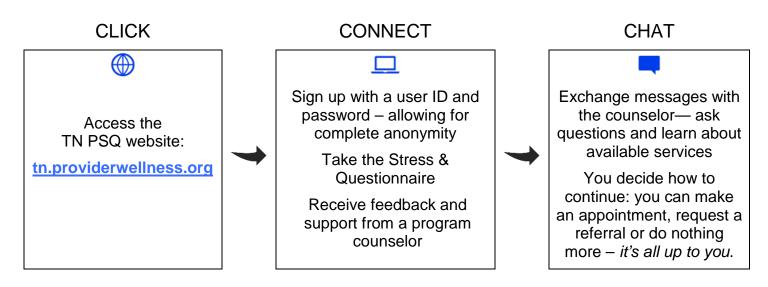
### Dear Health Professional,

We understand that many people are reluctant to seek help for mental health concerns. We want to introduce you to a new resource that's now available to health professionals in Tennessee, both licensed and in training. Life can be stressful at times. Whatever you're struggling with – family pressures, work/career issues, relationships, grief, stress, or financial concerns – it is easy to get overwhelmed without an idea of where to turn for support.

The TN-PSQ, or Professional Screening Questionnaire, is a safe and secure online tool that is being made available to health professionals throughout Tennessee.

It's as simple as...Click, connect and chat!

## How TN-PSQ Works



# Key Principles of TN-PSQ

# **Complete Anonymity**

Your User ID will be unique to you and can be anything you choose. Your identity will not be known to the counselor unless you choose to share it.

## **Personalized Contact with Program Counselors**

Instead of computerized feedback, you will receive a personal response to your questionnaire from a program counselor.

#### **Connection and Support**

Counselors will respond to the experiences you share and provide you with the support you need – whether that be someone to listen or to help connect you to other services.

#### **Interactive Engagement**

You will have the opportunity to exchange messages with the counselor through the TN PSQ website – ask questions, get feedback and support.

Questions? Contact Brenda Williams-Denbo, brendaw@e-tmf.org, 615-467-6411