

## **SAVE THE DATE!!**

## MENTAL HEALTH, RECOVERY & SUICIDE PREVENTION SUMMIT

THURSDAY, SEPT 18, 2025

VIRTUAL PROGRAM
11:30 AM CDT/12:30 PM EDT
1 HOUR CME/CE CREDIT

**PRESENTED BY** 





A ONE-HOUR, INTERACTIVE EXPERIENCE FOR TN HEALTH PROFESSIONALS PROVIDING TANGIBLE STRATEGIES FOR MANAGING MENTAL HEALTH, REGULATING EMOTIONS, AND SUPPORTING ONE ANOTHER

FEATURING
BRANDON
SAHO

SPORTS REPORTER,
MENTAL HEALTH ADVOCATE